

# Merton Pisces Swimming Club

## Social Trips - Risk Assessment



<b>Name of Club:</b>	<b>Merton Pisces Swimming Club</b>				
<b>Risk Assessment for:</b>	<b>Various Social Trips (Leisure pools, Go karting, Activity Days)</b>				
<b>Undertaken by:</b>	<b>Mr. H.Green</b>	<b>Role:</b>	<b>Head Coach</b>	<b>Date:</b>	<b>03-01-2023</b>
	<i>Name of Inspector / person</i>		<i>Role of approved assessor / club position</i>		<i>Assessment Date</i>

<b>What are the Hazards?</b>	<b>Who is at risk</b>	<b>Risk rating prior to actions</b>	<b>Further actions to be considered</b>	<b>Risk rating after actions</b>	<b>Actioned by</b>	<b>Done</b>
<b><u>Carparks</u></b> <ul style="list-style-type: none"> <li>● Movement of Vehicles</li> <li>● Collision with Vehicles</li> <li>● Persons in dark clothing</li> <li>● Lighting &amp; Weather</li> </ul>	<ul style="list-style-type: none"> <li>● Swimmers</li> <li>● Parents</li> <li>● Guardians</li> <li>● Coaches</li> <li>● Volunteers</li> </ul>	<ul style="list-style-type: none"> <li>● Medium</li> </ul>	<ul style="list-style-type: none"> <li>● Swimmers reminded to use caution when going to and from locations via Car Park.</li> <li>● Use laid out walkways where possible</li> <li>● Check Car Park Lighting</li> <li>● Watch for slippery surfaces</li> </ul>	<ul style="list-style-type: none"> <li>● Low</li> </ul>	<ul style="list-style-type: none"> <li>● Coaches</li> <li>● Club volunteers</li> <li>● Facility Operator</li> <li>● Parents</li> <li>● Guardian's</li> </ul>	<ul style="list-style-type: none"> <li>● Done</li> </ul>
<b><u>Entrance &amp; reception area</u></b> <ul style="list-style-type: none"> <li>● Slips, Trips &amp; Falls</li> <li>● Inadequate/Defective Lighting</li> <li>● Shoes &amp; Bags left around</li> <li>● Item blocking doorways</li> </ul>	<ul style="list-style-type: none"> <li>● Swimmers</li> <li>● Parents</li> <li>● Guardians</li> <li>● Coaches</li> <li>● Volunteers</li> </ul>	<ul style="list-style-type: none"> <li>● High</li> </ul>	<ul style="list-style-type: none"> <li>● Check floor is clear and there are no spillages.</li> <li>● Lighting Checked by Leisure management Team regularly</li> <li>● No bags to be left in the entrance foyer. Checked by everyone</li> <li>● Make sure all doorways are clear at all times</li> <li>● Signs put up reminding everyone not to leave bags in walkways</li> </ul>	<ul style="list-style-type: none"> <li>● Medium</li> </ul>	<ul style="list-style-type: none"> <li>● Coaches</li> <li>● Club volunteers</li> <li>● Facility Operator</li> </ul>	<ul style="list-style-type: none"> <li>● Monitor</li> </ul>
<b><u>Changing Rooms.</u></b> <ul style="list-style-type: none"> <li>● Slips, Trips and Falls</li> <li>● Inadequate/Defective lighting</li> <li>● Slippery or defective flooring/seating</li> <li>● Shoes and bags left on floor areas</li> <li>● Inappropriate behaviour / accidents</li> </ul>	<ul style="list-style-type: none"> <li>● Swimmers</li> <li>● Coaches</li> <li>● Captains</li> <li>● Volunteers</li> </ul>	<ul style="list-style-type: none"> <li>● Medium</li> </ul>	<ul style="list-style-type: none"> <li>● Lighting Checked by Leisure management Team regularly</li> <li>● Floors &amp; Seating Checked by Leisure management Team regularly</li> <li>● Make sure floors are clean and dry Checked by Leisure management</li> <li>● All items in lockers &amp; check no items are left in changing area.</li> <li>● No bags to be left on floors or seating area.</li> <li>● Captains to monitor behaviour in changing rooms.</li> </ul>	<ul style="list-style-type: none"> <li>● Low</li> </ul>	<ul style="list-style-type: none"> <li>● Coaches</li> <li>● Club volunteers</li> <li>● Facility Operator</li> <li>● Club captains</li> </ul>	<ul style="list-style-type: none"> <li>● Monitor</li> </ul>
<b><u>Equipment</u></b> <ul style="list-style-type: none"> <li>● Equipment left on the poolside can cause access problems.</li> <li>● Are the emergency exits clear?</li> <li>● First aid access</li> </ul>	<ul style="list-style-type: none"> <li>● Swimmers</li> <li>● Coaches</li> <li>● Volunteers</li> </ul>	<ul style="list-style-type: none"> <li>● High</li> </ul>	<ul style="list-style-type: none"> <li>● No equipment to be left blocking the sides of the pool.</li> <li>● Leisure management team to ensure equipment maintenance (Including fixings (blocks, steps, lanes)</li> <li>● Cleaning of all items by Leisure management team regularly.</li> <li>● Doors to first aid area clear</li> </ul>	<ul style="list-style-type: none"> <li>● Low</li> </ul>	<ul style="list-style-type: none"> <li>● Coaches</li> <li>● Club Volunteer</li> <li>● Facility Operator</li> <li>● Lifeguards</li> </ul>	<ul style="list-style-type: none"> <li>● Done</li> </ul>

<p><b>Pool / Venue Hazards</b></p> <ul style="list-style-type: none"> <li>● Check depth markers</li> <li>● Check Pool depth of floor</li> <li>● Banging head/body on the pool</li> <li>● Jumping in</li> <li>● Slips, Trips and Falls</li> <li>● Inadequate/Defective lighting.</li> <li>● Slippery or defective floors.</li> <li>● Pool depth signage.</li> <li>● Injury by inappropriate behaviour.</li> <li>● Injury by Accident</li> </ul>	<ul style="list-style-type: none"> <li>● Swimmers</li> <li>● Members</li> </ul>	<ul style="list-style-type: none"> <li>● High</li> </ul>	<ul style="list-style-type: none"> <li>● Check pool depth signage.</li> <li>● Lifeguards are in permanent attendance.</li> <li>● Inspections by Leisure management on regular basis.</li> <li>● Check height of swimming pool floor before session begins.</li> <li>● Bumps and bangs caused by wave machine, advise swimmers to try and stay in the middle of the pool.</li> <li>● Slides can cause burns and these should be treated where needed.</li> <li>● Children to be advised about the changing of depths around the pool and to be careful when jumping or diving.</li> <li>● Children need to be aware of their surroundings.</li> <li>● Any swimmer collisions to be reported and checked by the appropriate person. Parents should be notified.</li> </ul>	<ul style="list-style-type: none"> <li>● Medium</li> </ul>	<ul style="list-style-type: none"> <li>● Lifeguards</li> <li>● Facility Operator</li> <li>● Coaches</li> <li>● Volunteers</li> </ul>	<p>Done</p>
<p><b>Bowling</b></p> <ul style="list-style-type: none"> <li>● Dropped ball</li> <li>● Wrist injury</li> <li>● Foot Injury</li> <li>● Slip, twists &amp; Falls</li> </ul>	<ul style="list-style-type: none"> <li>● Members</li> <li>● Coaches</li> <li>● Volunteers</li> </ul>	<ul style="list-style-type: none"> <li>● High</li> </ul>	<ul style="list-style-type: none"> <li>● Make sure everyone is wearing the correct shoes.</li> <li>● Make sure that members use the correct weigh of ball.</li> <li>● If they cannot bowl, then use the beginner's frame.</li> <li>● Make sure no one is messing about when actually bowling.</li> <li>● Bowling lane floor can be very slippery, be careful.</li> </ul>	<ul style="list-style-type: none"> <li>● Medium</li> </ul>	<ul style="list-style-type: none"> <li>● Coaches</li> <li>● Volunteers</li> <li>● Facility Operator</li> </ul>	<p>Monitor</p>
<p><b>Go Karting</b></p> <ul style="list-style-type: none"> <li>● Collisions</li> <li>● Trips &amp; Falls</li> <li>● Wrist injury</li> <li>● Concussion</li> </ul>	<ul style="list-style-type: none"> <li>● Members</li> <li>● Coaches</li> <li>● Volunteers</li> </ul>	<ul style="list-style-type: none"> <li>● High</li> </ul>	<ul style="list-style-type: none"> <li>● Vehicle Inspections by Leisure management Team regularly</li> <li>● Members not driving should be away from the edge of the track.</li> <li>● Wrist injuries are common in vehicle accidents</li> <li>● Make sure no one walks on the track.</li> <li>● Concussion from impact is possible keep an eye on members after accidents have occurred.</li> </ul>	<ul style="list-style-type: none"> <li>● Medium</li> </ul>	<ul style="list-style-type: none"> <li>● Coaches</li> <li>● Volunteers</li> <li>● Facility Operator</li> </ul>	<p>Monitor</p>
<p><b>Other Activities</b></p> <ul style="list-style-type: none"> <li>● Collisions</li> <li>● Trips &amp; Falls</li> <li>● Environment</li> <li>● First Aid</li> </ul>	<ul style="list-style-type: none"> <li>● Members</li> <li>● Coaches</li> <li>● Volunteers</li> </ul>	<ul style="list-style-type: none"> <li>● High</li> </ul>	<ul style="list-style-type: none"> <li>● Watch out for general obstructions.</li> <li>● All trips and falls should be treated and monitored.</li> <li>● The environment may change depending on the locations and member should adapt accordingly. (Clothing, footwear, food &amp; drink)</li> <li>● First aid should be made available at any location.</li> </ul>	<ul style="list-style-type: none"> <li>● Medium</li> </ul>	<ul style="list-style-type: none"> <li>● Coaches</li> <li>● Volunteers</li> <li>● Facility Operator</li> </ul>	<p>Monitor</p>
<p><b>Entry &amp; Exit - Venue</b></p> <ul style="list-style-type: none"> <li>● Under 18 members must be monitored at all times</li> <li>● Risk of abduction or injury.</li> <li>● All under 18's leaving at the end of the session</li> </ul>	<ul style="list-style-type: none"> <li>● Members</li> </ul>	<ul style="list-style-type: none"> <li>● High</li> </ul>	<ul style="list-style-type: none"> <li>● Coaches / Volunteers to advise swimmers not to leave building before collection by parents in line with ASA Child Protection Policy. Reference to Club Parents Code of Conduct</li> <li>● All swimmers instructed to report to Coaches / Volunteers before leaving poolside.</li> <li>● All under 18's should be picked up by an appropriate adult at the end of the session. No child should ever be left alone at any time.</li> </ul>	<ul style="list-style-type: none"> <li>● Medium</li> </ul>	<ul style="list-style-type: none"> <li>● Coaches</li> <li>● Club volunteers</li> <li>● Facility Operator</li> </ul>	<p>Monitor</p>
<p><b>Hygiene measures</b></p> <ul style="list-style-type: none"> <li>● No Food &amp; Drink on the pool side.</li> <li>● No Food &amp; Drink in changing rooms</li> <li>● No food or drink on the track.</li> <li>● No food or drink on the lanes</li> </ul>	<ul style="list-style-type: none"> <li>● Members</li> <li>● Swimmers</li> <li>● Coaches</li> <li>● Volunteers</li> </ul>	<ul style="list-style-type: none"> <li>● Low</li> </ul>	<ul style="list-style-type: none"> <li>● Leisure management team to inspect &amp; keep changing rooms clean.</li> <li>● Coach to ensure no food is brought on to pool side.</li> <li>● Signage "No Food on the Pool Side" (Water Bottles excluded)</li> <li>● Water bottles to be cleaned by swimmers, but need to be checked</li> </ul>	<ul style="list-style-type: none"> <li>● Low</li> </ul>	<ul style="list-style-type: none"> <li>● Club Volunteers</li> <li>● Facility Operator</li> <li>● Lifeguards</li> </ul>	<p>Monitor</p>

<p><b>Dehydration</b></p> <ul style="list-style-type: none"> <li>● Plastic Water Bottles Only</li> <li>● Lack of hydration can cause medical problems</li> </ul>	<ul style="list-style-type: none"> <li>● Members</li> </ul>	<ul style="list-style-type: none"> <li>● Medium</li> </ul>	<ul style="list-style-type: none"> <li>● Swimmers advised to drink regularly whilst swimming.</li> <li>● Swimmers should only drink water.</li> <li>● Other liquids can pollute the pool.</li> <li>● NO GLASS BOTTLE'S OR CANS ON THE POOLSIDE.</li> </ul>	<ul style="list-style-type: none"> <li>● Low</li> </ul>	<ul style="list-style-type: none"> <li>● Head Coach</li> <li>● Lifeguards</li> <li>● Coaches</li> <li>● Club volunteers</li> </ul>	<p>Monitor</p>
<p><b>Accidents</b></p> <ul style="list-style-type: none"> <li>● Falling, tripping &amp; slipping</li> <li>● Collision, bumps &amp; bruises.</li> <li>● Scrapes, cuts &amp; surface wounds.</li> <li>● Breaks, twists &amp; serious injuries</li> </ul>	<ul style="list-style-type: none"> <li>● Members.</li> <li>● Volunteers</li> </ul>	<ul style="list-style-type: none"> <li>● Medium</li> </ul>	<ul style="list-style-type: none"> <li>● Leisure management team should always have all first aid treatment available</li> <li>● Must have parental authority to look after the child.</li> <li>● Appropriate adult trained in first aid</li> <li>● Adult in charge to have reliable communications and parents phone numbers or alternative.</li> <li>● Any serious accidents to be reported and documented.</li> </ul>	<ul style="list-style-type: none"> <li>● Low</li> </ul>	<ul style="list-style-type: none"> <li>● Coaches</li> <li>● Club volunteers</li> <li>● Facility Operator</li> </ul>	<p>Done</p>

Activity / Leisure centre management should have all safety precautions taken care of. A copy of their risk assessment should be asked for before the trip. All overall and shoes should be provided, but volunteers should check they are fit for the job.

More information on managing risk: [www.hse.gov.uk/simple-health-safety/risk/](http://www.hse.gov.uk/simple-health-safety/risk/)  
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