



Merton Pisces Swimming Club

Wimbledon College Swimming Pool – Risk Assessment

Name of Club:	Merton Pisces Swimming Club				
Risk Assessment for:	Wimbledon College Swimming Pool (Block)				
Undertaken by:	Mr. H.Green	Role:	Head Coach	Date:	09-01-2025
	<i>Name of Inspector / person</i>		<i>Role of approved assessor / club position</i>		<i>Assessment Date</i>

What are the Hazards?	Who's at risk	Risk rating before actions	Further actions to be considered	Risk after actions	Actioned by	Done
Carpark <ul style="list-style-type: none"> ● Movement of Vehicles ● Collision with Vehicles ● Persons in dark clothing ● Lighting & Weather 	<ul style="list-style-type: none"> ● Swimmers ● Parents ● Guardians ● Coaches ● Volunteers 	● High	<ul style="list-style-type: none"> ● Make sure car parks are well lit and roads marked correctly. ● Remind staff and swimmers of the dangers of moving vehicles. ● Place staff in a better position. ● Displaying safety signs. ● Remind other car park users of the rules. 	● Medium	<ul style="list-style-type: none"> ● Coaches ● Club volunteers. ● Facility Operator 	Done
Entrance & reception area <ul style="list-style-type: none"> ● Slips, Trips & Falls ● Inadequate/Defective Lighting ● Shoes & Bags left around. ● Item blocking doorways 	<ul style="list-style-type: none"> ● Everyone. ● Club Staff. ● Swimmers. ● Others on site. 	● High	<ul style="list-style-type: none"> ● Check floor is clear and there are no spillages. ● Lighting Checked by College maintenance regularly. ● No bags to be left in the entrance foyer. ● Make sure all doorways are always clear. 	● Medium	<ul style="list-style-type: none"> ● Coaches ● Club volunteers. ● Facility Operator 	Done
Changing Rooms. <ul style="list-style-type: none"> ● Slips, Trips and Falls ● Inadequate/Defective lighting ● Slippery or defective flooring/seating 	<ul style="list-style-type: none"> ● Everyone. ● Club Staff. ● Swimmers. ● College staff. 	● Medium	<ul style="list-style-type: none"> ● Making sure the changing area has been cleaned and sanitized. ● Wait for the area to be cleared before entering. ● Make sure swimmers do not come into contact with others. ● Swimmers to come in their costumes and where possible not use the changing rooms. 	● Low	<ul style="list-style-type: none"> ● Coaches ● Club volunteers. ● Facility Operator ● Club captains 	Monitor
Pool Side <ul style="list-style-type: none"> ● Slips, Trips and Falls ● Inadequate/Defective lighting. ● Slippery or defective floors. ● Pool depth signage. ● inappropriate behaviour. ● Injury by Accident 	<ul style="list-style-type: none"> ● Swimmers ● Coaches ● Volunteers 	● Medium	<ul style="list-style-type: none"> ● Inspections by College management Team regularly. ● Check all signage for Depths and Warning signs NO running. ● Parents/Guardian and coaches to monitor swimmers' behaviour. ● Code of conduct to be given to each Swimmer. ● NO equipment on pool edge. ● NO equipment blocking emergency EXITS. 	● Low	<ul style="list-style-type: none"> ● Head Coach ● Poolside Helper ● Coaches ● Club volunteers. 	Monitor

Equipment <ul style="list-style-type: none"> • Equipment left on the poolside can cause access problems. • Are the emergency exits clear? • First aid access 	<ul style="list-style-type: none"> • Swimmers • Coaches & Volunteers 	<ul style="list-style-type: none"> • Medium 	<ul style="list-style-type: none"> • No equipment to be left blocking the sides of the pool. • College management team to ensure equipment maintenance. (Including fixings (blocks, steps, lanes) • Cleaning is supposed to be done by users. • Doors to first aid area clear 	<ul style="list-style-type: none"> • Low 	<ul style="list-style-type: none"> • Poolside Helper • Club Volunteer 	Done
Pool / Venue Hazards <ul style="list-style-type: none"> • No backstroke flags in place (Swimmers may hit their heads) • Check depth markers. • Check Pool depth of floor 	<ul style="list-style-type: none"> • Coaches & Volunteers • Swimmers 	<ul style="list-style-type: none"> • Medium • High 	<ul style="list-style-type: none"> • Ensure both sets of backstroke flags are put in place at correct distance (5m) from ends of pool by college staff and remain in place for the duration of the session. • Check pool depth signage. • No diving blocks supplied 	<ul style="list-style-type: none"> • Low • Low 	<ul style="list-style-type: none"> • Coaches • Club Volunteers 	Done
Diving <ul style="list-style-type: none"> • Banging head/body on the pool • Are swimmers dive qualified? • Check pool depth. • Collision 	<ul style="list-style-type: none"> • Coaches • Volunteers • Swimmers. 	<ul style="list-style-type: none"> • Medium • High 	<ul style="list-style-type: none"> • College management to ensure adequate signage indicating shallow and deep-water depths. • Diving must be supervised by the coach. • Swimmers to be trained and certificated to carry out shallow competitive starts from the side 	<ul style="list-style-type: none"> • Low • Low 	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Coaches • Club volunteers 	Monitor Review
Entry into Pool <ul style="list-style-type: none"> • Slips trips & falls. • Jumping in • Steps 	<ul style="list-style-type: none"> • Swimmers. 	<ul style="list-style-type: none"> • Medium • High 	<ul style="list-style-type: none"> • College management to ensure adequate signage. • College management to ensure steps are secure. • Lifeguards are in permanent attendance. (Provided by club) 	<ul style="list-style-type: none"> • Medium 	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Coaches • Club volunteers 	Monitor
In the Pool <ul style="list-style-type: none"> • Chemicals in the pool. • Excess Chlorine in Pool • Breathing problems. • Irritation of the eye. • Swimming aids left around Pool • Inappropriate behaviour. • Injury by Accident or Collision 	<ul style="list-style-type: none"> • Swimmers. • Swimmers. 	<ul style="list-style-type: none"> • Medium • Medium 	<ul style="list-style-type: none"> • Inspections by College management on regular basis. • Coaches & volunteers to monitor activities. • Monitor swimmers' health. (Red eyes, breathing etc) • Make sure poolside's are always clear. • Watch for struggling swimmers. • Make sure everyone is doing their assigned jobs. • Swimmers to abide by the code of conduct and Guidelines • Any swimmer collisions to be reported and checked by the appropriate person. Parents should be notified. 	<ul style="list-style-type: none"> • Low • Low 	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Coaches • Club volunteers 	Done
Entry & Exit: <ul style="list-style-type: none"> • Doors (contact points) • Route (interaction with others) • One-way system. 	<ul style="list-style-type: none"> • Everyone. • Club Staff. • Swimmers. • Other users 	<ul style="list-style-type: none"> • High 	<ul style="list-style-type: none"> • Check for any changes to the agreed system. • Plenty of sanitizing products available. • If there is any interaction with others make the college aware of the problem. 	<ul style="list-style-type: none"> • Medium 	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Coaches • Club volunteers 	Monitor
Pool & Surrounding areas: <ul style="list-style-type: none"> • Swimmers should keep their distance from everyone else. • The pool chemical balance must always be correct. • Regular cleaning of surfaces. • A Lifeguard is required. 	<ul style="list-style-type: none"> • Club Staff. • Swimmers. • College staff. • Lifeguard 	<ul style="list-style-type: none"> • Medium 	<ul style="list-style-type: none"> • Get assurances that the pool levels are correct. • Get confirmation the pool sides have been disinfected correctly. • Labels and other signage may be a useful reminder for others. • Even though a lifeguard is present it is everyone responsibility to monitor safety. 	<ul style="list-style-type: none"> • Low 	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Coaches • Club volunteers 	Monitor

<u>Training Session:</u> <ul style="list-style-type: none"> ● Keep your distance. ● Be aware of others. ● Talking. 	<ul style="list-style-type: none"> ● Everyone. ● Club Staff. ● Swimmers. 	● Low	<ul style="list-style-type: none"> ● Make sure staff abide by the COVID regulations. ● Regularly review of interactions. ● Make sure staff have fresh masks available. 	● Low	<ul style="list-style-type: none"> ● Head Coach ● Poolside Helper ● Coaches ● Club volunteers 	Monitor
<u>After Session Cleaning:</u> <ul style="list-style-type: none"> ● Make sure gloves and masks are worn whilst cleaning. ● Make sure all surfaces are cleaned. 	<ul style="list-style-type: none"> ● Everyone. ● Club Staff. ● College staff. 	● Medium	<ul style="list-style-type: none"> ● Regular check of cleaning supplies, before and after. ● Any problems should be discussed with the college. ● Make sure club supplies are replenished for further sessions. ● Health & safety whilst using chemicals. 	● Low	<ul style="list-style-type: none"> ● Club Volunteer ● Facility Operator ● Lifeguards 	Monitor
<u>Cleaning & Chemicals:</u> <ul style="list-style-type: none"> ● Disinfectant ● Antibacterial hand sanitizers. ● Cleaning and sanitizing pool areas. ● Gloves & Masks. ● Responsibilities. 	<ul style="list-style-type: none"> ● Everyone. ● Club Staff. ● Swimmers. ● College staff. 	● Medium	<ul style="list-style-type: none"> ● It is down to the college to check it has been done correctly before new users arrive. ● Making sure previous users have cleaned and sanitized the pool area as instructed. ● If the pool area has not been cleaned correctly it should be brought to the colleges attention and make sure it doesn't happen again. 	● Low	<ul style="list-style-type: none"> ● Club Volunteer ● Facility Operator ● Lifeguards 	Monitor
<u>Hygiene measures</u> <ul style="list-style-type: none"> ● No Food & Drink on the pool side. (Water Bottles excluded) ● No Food & Drink in the changing rooms. 	<ul style="list-style-type: none"> ● Swimmers ● Coaches ● Volunteers 	● Low	<ul style="list-style-type: none"> ● Management team to inspect & keep changing rooms clean. ● Coach to ensure no food is brought on to pool side. ● Signage "No Food on the Pool Side" (Water Bottles excluded) ● Water bottles to be cleaned by swimmers, but need to be checked 	● Low	<ul style="list-style-type: none"> ● Club Volunteer ● Facility Operator ● Lifeguards 	Monitor
<u>Dehydration</u> <ul style="list-style-type: none"> ● Plastic Water Bottles Only ● Lack of hydration can cause medical problems 	● Swimmers.	● Medium	<ul style="list-style-type: none"> ● Swimmers advised to drink regularly whilst swimming. ● Swimmers should only drink water. ● Other liquids can pollute the pool. ● NO GLASS BOTTLE'S OR CANS ON THE POOLSIDE. 	● Low	<ul style="list-style-type: none"> ● Head Coach ● Lifeguards ● Coaches ● Club volunteers 	Monitor
<u>First aid Provision</u> <ul style="list-style-type: none"> ● Qualified Trained First Aiders ● Qualified Lifeguards 	<ul style="list-style-type: none"> ● Coaches ● Swimmers ● Poolside Helpers ● Volunteers 	● Low	<ul style="list-style-type: none"> ● Communication network in place (Phone for emergency services) ● A fully qualified Lifeguards supplied by Leisure management team and regularly checked and retrained. ● A fully stocked first aid kit is easily accessible. ● Adequate levels of trained first aiders on site. 	● Low	<ul style="list-style-type: none"> ● Head Coach ● Lifeguards ● Coaches ● Club volunteers. 	Done

Club may supply lifeguards if they required (Question whether College should supply them by law (Health & Safety))