



Merton Pisces Swimming Club

Mitcham Swimming Pool - Risk Assessment

Name of Club:	Merton Pisces Swimming Club				
Risk Assessment for:	Mitcham Swimming Pool (Canons)				
Undertaken by:	Mr. H.Green	Role:	Head Coach	Date:	04-01-2023
	<i>Name of Inspector / person</i>		<i>Role of approved assessor / club position</i>		<i>Assessment Date</i>

What are the Hazards?	Who is at risk	Risk rating prior to actions	Further actions to be considered	Risk rating after actions	Actioned by	Done
<u>Carpark</u> <ul style="list-style-type: none"> ● Movement of Vehicles ● Collision with Vehicles ● Persons in dark clothing ● Lighting & Weather 	<ul style="list-style-type: none"> ● Swimmers ● Parents ● Guardians ● Coaches ● Volunteers 	<ul style="list-style-type: none"> ● Medium 	<ul style="list-style-type: none"> ● Swimmers reminded to use caution when going to and from swimming pool via Car Park. (Parental control) ● Use laid out walkways ● Checked by Leisure management Team regularly ● New car park has been installed with increased lighting 	<ul style="list-style-type: none"> ● Low 	<ul style="list-style-type: none"> ● Coaches ● Club volunteers ● Facility Operator ● Parents ● Guardian's 	Done
<u>Entrance & reception area</u> <ul style="list-style-type: none"> ● Slips, Trips & Falls ● Inadequate/Defective Lighting ● Shoes & Bags left around ● Item blocking doorways 	<ul style="list-style-type: none"> ● Swimmers ● Parents ● Guardians ● Coaches ● Volunteers 	<ul style="list-style-type: none"> ● Medium 	<ul style="list-style-type: none"> ● Check floor is clear and there are no spillages. ● Lighting Checked by Leisure management Team regularly ● No bags to be left in the entrance foyer. Checked by everyone ● Make sure all doorways are clear at all times ● Signs put up reminding everyone not to leave bags in walkways 	<ul style="list-style-type: none"> ● Low 	<ul style="list-style-type: none"> ● Coaches ● Club volunteers ● Facility Operator 	Monitor
<u>Changing Rooms.</u> <ul style="list-style-type: none"> ● Slips, Trips and Falls ● Inadequate/Defective lighting ● Slippery or defective flooring/seating ● Inappropriate behaviour / accidents 	<ul style="list-style-type: none"> ● Swimmers ● Coaches ● Volunteers 	<ul style="list-style-type: none"> ● Medium 	<ul style="list-style-type: none"> ● Lighting Checked by Leisure management Team regularly ● Floors & Seating Checked by Leisure management Team regularly ● Make sure floors are clean and dry Checked by Leisure management ● No bags to be left on floors or seating area. ● Captains to monitor behaviour in changing rooms. 	<ul style="list-style-type: none"> ● Low 	<ul style="list-style-type: none"> ● Coaches ● Club volunteers ● Facility Operator ● Club captains 	Done
<u>Equipment</u> <ul style="list-style-type: none"> ● Equipment left on the poolside can cause access problems. ● Are the emergency exits clear? ● First aid access 	<ul style="list-style-type: none"> ● Swimmers ● Coaches & Volunteers 	<ul style="list-style-type: none"> ● Medium 	<ul style="list-style-type: none"> ● No equipment to be left blocking the sides of the pool. ● Leisure management team to ensure equipment maintenance (Including fixings (steps & lanes) ● Cleaning of all items by Leisure management team regularly. ● Doors to first aid area clear 	<ul style="list-style-type: none"> ● Low 	<ul style="list-style-type: none"> ● Poolside Volunteer ● Club Volunteer ● Facility Operator ● Lifeguards 	Done

Diving <ul style="list-style-type: none"> ● Banging head/body on the pool ● Are swimmers dive qualified? ● No Diving Blocks available. ● Collision 	<ul style="list-style-type: none"> ● Swimmers. 	<ul style="list-style-type: none"> ● High 	<ul style="list-style-type: none"> ● Leisure management team to ensure adequate signage indicating shallow and deep-water depths ● Diving must be supervised by the coach. ● Swimmers to be trained and certificated to carry out shallow competitive starts. 	<ul style="list-style-type: none"> ● Low 	<ul style="list-style-type: none"> ● Head Coach ● Lifeguards ● Coaches ● Club volunteers ● Facility Operator 	Monitor Review
Entry into Pool <ul style="list-style-type: none"> ● Slips trips & falls. ● Jumping in ● Steps 	<ul style="list-style-type: none"> ● Swimmers. 	<ul style="list-style-type: none"> ● Medium ● High 	<ul style="list-style-type: none"> ● Leisure management Team to ensure adequate signage good pool management i.e. No jumping, No Bombing, No Running, etc. ● Leisure management Team to ensure steps are secure ● Lifeguards are in permanent attendance. ● Check height of swimming pool floor before session begins. 	<ul style="list-style-type: none"> ● Medium 	<ul style="list-style-type: none"> ● Head Coach ● Poolside Helper ● Lifeguards ● Coaches ● Club volunteers 	Monitor
Pool Side <ul style="list-style-type: none"> ● Slips, Trips and Falls ● Inadequate/Defective lighting. ● Slippery or defective floors. ● Pool depth signage. ● Injury by inappropriate behaviour. ● Injury by Accident 	<ul style="list-style-type: none"> ● Swimmers ● Coaches ● Volunteers ● Lifeguards 	<ul style="list-style-type: none"> ● High 	<ul style="list-style-type: none"> ● Inspections by Leisure management Team regularly ● Check all signage for Depths and Warning signs NO running. ● Parents/Guardian and coaches to monitor swimmers' behaviour. ● Code of conduct to be given to each Swimmer. ● Lifeguards are in attendance at all times. ● NO equipment on pool edge. ● NO equipment blocking emergency EXITS. 	<ul style="list-style-type: none"> ● Medium 	<ul style="list-style-type: none"> ● Head Coach ● Poolside Helper ● Lifeguards ● Coaches ● Club volunteers ● Facility Operator 	Monitor Review
Pool / Venue Hazards <ul style="list-style-type: none"> ● No backstroke flags in place (Swimmers may hit their heads) ● Check depth markers 	<ul style="list-style-type: none"> ● Swimmers 	<ul style="list-style-type: none"> ● Medium 	<ul style="list-style-type: none"> ● Ensure both sets of backstroke flags are put in place at correct distance (5m) from ends of pool by Leisure centre staff and remain in place for the duration of the session or gala. ● Check pool depth signage. 	<ul style="list-style-type: none"> ● Low 	<ul style="list-style-type: none"> ● Lifeguards ● Facility Operator ● Coaches 	Done
In the Pool <ul style="list-style-type: none"> ● Chemicals in the pool. ● Excess Chlorine in Pool) Breathing problems. ● Irritation of the eye. ● Swimming aids left around Pool ● Injury through inappropriate behaviour. ● Injury Through Accident or Collision 	<ul style="list-style-type: none"> ● Swimmers. ● Swimmers. 	<ul style="list-style-type: none"> ● Medium ● Medium 	<ul style="list-style-type: none"> ● Lifeguards are in permanent attendance. ● Inspections by Leisure management on regular basis. ● Coaches & volunteers to monitor activities. ● Monitor swimmers' health. (Red eyes, breathing etc) ● Make sure poolside's are always clear. ● Watch for struggling swimmers. ● Make sure everyone is doing their assigned jobs. ● Swimmers to abide by the code of conduct and Guidelines ● Any swimmer collisions to be reported and checked by the appropriate person. Parents should be notified. 	<ul style="list-style-type: none"> ● Low ● Low 	<ul style="list-style-type: none"> ● Head Coach ● Poolside Helper ● Lifeguards ● Coaches ● Club volunteers 	Done

Entry & Exit - Pool <ul style="list-style-type: none"> Swimmers entering pool area before Coaches, Helpers and lifeguards are in-situ. Swimmers may enter or fall into water unsupervised. Risk of drowning for weak/novice swimmers 	<ul style="list-style-type: none"> Swimmers 	<ul style="list-style-type: none"> Medium 	<ul style="list-style-type: none"> No Swimmers to enter poolside area before Caches / Poolside Helpers Volunteers and / or Leisure centre Lifeguards are in position. Be vigilant of anyone on the poolside. Coaches and volunteers can fall in too. New swimmers to be watched closely at all times. (Unknown ability) Weak swimmers should be assisted by someone in the water where possible. 	<ul style="list-style-type: none"> Low 	<ul style="list-style-type: none"> Head Coach Poolside Helper Lifeguards Coaches Club volunteers 	<ul style="list-style-type: none"> Monitor
Entry & Exit - Pool <ul style="list-style-type: none"> Wet Swimmers barefooted on the poolside Poolside may become slippery. Coaches, Volunteers & other personnel may slip or fall. 	<ul style="list-style-type: none"> Swimmers Poolside personnel Lifeguards 	<ul style="list-style-type: none"> Medium 	<ul style="list-style-type: none"> All personnel to wear the correct footwear of the poolside and to be aware of wet areas. Leisure management Team to ensure where possible sides are clean and dry for the safety of everyone. 	<ul style="list-style-type: none"> Low 	<ul style="list-style-type: none"> Head Coach Poolside Helper Lifeguards Coaches Club volunteers 	<ul style="list-style-type: none"> Done
Entry & Exit - Venue <ul style="list-style-type: none"> Under 18 swimmers leaving venue early. Risk of abduction or injury. All under 18's leaving at the end of the session 	<ul style="list-style-type: none"> Swimmers 	<ul style="list-style-type: none"> High 	<ul style="list-style-type: none"> Coaches / Poolside Helpers / Volunteers to advise swimmers not to leave building before collection by parents in line with ASA Child Protection Policy. Reference to Club Parents Code of Conduct All swimmers instructed to report to Coaches / Poolside Helpers before leaving poolside. All under 18's should be picked up by an appropriate adult at the end of the session. No child should ever be left alone at any time. 	<ul style="list-style-type: none"> Medium 	<ul style="list-style-type: none"> Head Coach Poolside Helper Lifeguards Coaches Club volunteers 	<ul style="list-style-type: none"> Monitor
Hygiene measures <ul style="list-style-type: none"> No Food & Drink on the pool side. (Water Bottles excluded) No Food & Drink in the changing rooms. 	<ul style="list-style-type: none"> Swimmers Coaches Volunteers 	<ul style="list-style-type: none"> Low 	<ul style="list-style-type: none"> Leisure management team to inspect & keep changing rooms clean. Coach to ensure no food is brought on to pool side. Signage "No Food on the Pool Side" (Water Bottles excluded) Water bottles to be cleaned by swimmers, but need to be checked 	<ul style="list-style-type: none"> Low 	<ul style="list-style-type: none"> Club Volunteer Facility Operator Lifeguards 	<ul style="list-style-type: none"> Monitor
Dehydration <ul style="list-style-type: none"> Plastic Water Bottles Only Lack of hydration can cause medical problems 	<ul style="list-style-type: none"> Swimmers. 	<ul style="list-style-type: none"> Medium 	<ul style="list-style-type: none"> Swimmers advised to drink regularly whilst swimming. Swimmers should only drink water. Other liquids can pollute the pool. NO GLASS BOTTLE'S OR CANS ON THE POOLSIDE. 	<ul style="list-style-type: none"> Low 	<ul style="list-style-type: none"> Head Coach Lifeguards Coaches Club volunteers 	<ul style="list-style-type: none"> Monitor
First aid Provision <ul style="list-style-type: none"> Qualified Trained First Aiders Qualified Lifeguards 	<ul style="list-style-type: none"> Coaches Swimmers Poolside Helpers Volunteers 	<ul style="list-style-type: none"> Low 	<ul style="list-style-type: none"> Communication network in place (Phone for emergency services) A fully qualified Lifeguards supplied by Leisure management team and regularly checked and retrained. A fully stocked first aid kit is easily accessible. Adequate levels of trained first aiders on site. 	<ul style="list-style-type: none"> Low 	<ul style="list-style-type: none"> Head Coach Lifeguards Coaches Club volunteers 	<ul style="list-style-type: none"> Done

Leisure centre management asked to check changing rooms and poolside for problems and obstacles before club attends the centre for any sessions.

More information on managing risk: www.hse.gov.uk/simple-health-safety/risk/
 Template used was published by the Health and Safety Executive 10/19