

Merton Pisces Swimming Club



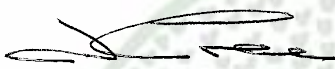

General Risk Assessment

Rules applying to everyone:

Risk assessment an evolving process and everything should be evaluated all the time.

General Risk Assessment is of the Clubs local pool (Morden Park Leisure Centre) and should be checked regularly and any anomalies found should be dealt with either by the club or by the Leisure centre Management team.

This should be done every 3 months and should be signed off on this sheet.

Name of Assessor	Signature of Assessor	Date of Assessment	Any Problems Found
Mr H.Green		03/03/2020	New Pool Starting Block bolts. Being reviewed by Maintenance
Mr W.Searle		03/03/2020	New Pool Starting Block bolts. Being reviewed by Maintenance



Merton Pisces Swimming Club

General Covid-19 Risk Assessment

Name of Club:	Merton Pisces Swimming Club				
Date risk assessment carried out:	03/03/2020	Person:	Harry Green	Review date:	03/06/2020

What are the Hazards?	Who is at risk	Risk rating prior to controls	Controls considered	Risk rating after controls	Actioned by
<u>Carpark</u> <ul style="list-style-type: none"> • Movement of Vehicles • Collision with Vehicles • Persons in dark clothing • Lighting & Weather 	<ul style="list-style-type: none"> • Swimmers • Parents • Guardians • Coaches • Volunteers 	• Medium	<ul style="list-style-type: none"> • Swimmers reminded to use caution when going to and from swimming pool via Car Park. (Parental control) • Use laid out walkways • Check Car Park Lighting • Checked by Leisure management Team regularly 	• Low	<ul style="list-style-type: none"> • Coaches • Club volunteers • Facility Operator
<u>Entrance & reception area</u> <ul style="list-style-type: none"> • Slips, Trips & Falls • Inadequate/Defective Lighting • Shoes & Bags left around • Item blocking doorways 	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers • Parents 	• High	<ul style="list-style-type: none"> • Check floor is clear and there are no spillages. • Lighting Checked by Leisure management Team regularly • No bags to be left in the entrance foyer. Checked by everyone • Make sure all doorways are clear at all times 	• Low	<ul style="list-style-type: none"> • Coaches • Club volunteers • Facility Operator
<u>Changing Rooms.</u> <ul style="list-style-type: none"> • Slips, Trips and Falls • Inadequate/Defective lighting • Slippery or defective floors. • Defective seating. • Defective floors. • Shoes and bags left on floor areas or blocking walkways. 	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers 	• Medium	<ul style="list-style-type: none"> • Lighting Checked by Leisure management Team regularly • Floors & Seating Checked by Leisure management Team regularly • Make sure floors are clean and dry Checked by Leisure management Team • Swimmers to put all items in lockers & check no items are left in changing area. • No bags to be left on floors or seating area. 	• Low	<ul style="list-style-type: none"> • Coaches • Club volunteers • Facility Operator
<u>Pool Side</u> <ul style="list-style-type: none"> • Slip Trips and Falls • Inadequate/Defective lighting. • Slippery or defective floors. • Pool depth signage. 	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers • Lifeguards 	• High	<ul style="list-style-type: none"> • Inspections by Leisure management Team regularly • Warning signs NO running. • Signage for depths. Check all signage is in place. • Parents/Guardian and coaches to monitor swimmers behaviour. • Behavioural Guidelines to be included in Code of conduct 	• Medium	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Lifeguards • Coaches • Club volunteers

<ul style="list-style-type: none"> • Injury through inappropriate behavior. • Injury Through Accident 			<ul style="list-style-type: none"> • Code of conduct to be given to each Swimmer. • Lifeguards are in attendance. • Surrounding areas are clean and dry checked by Leisure management Team regularly • NO equipment on pool edge. • NO equipment blocking emergency EXITS. 		<ul style="list-style-type: none"> • Facility Operator
<p>Equipment</p> <ul style="list-style-type: none"> • Equipment left on the poolside can cause access problems. • Are the emergency exits clear? 	<ul style="list-style-type: none"> • Swimmers 	<ul style="list-style-type: none"> • High 	<ul style="list-style-type: none"> • No equipment to be left blocking the sides of the pool. • Leisure management team to ensure equipment maintenance (Including fixings (blocks, steps, lanes)) • Cleaning of all items by Leisure management team regularly, • Check height of swimming pool floor before session begins. 	<ul style="list-style-type: none"> • Low 	<ul style="list-style-type: none"> • Poolside Volunteer • Club Volunteer • Facility Operator • Lifeguards
<p>Pool / Venue Hazards</p> <ul style="list-style-type: none"> • No backstroke flags in place (Swimmers may hit their heads) 	<ul style="list-style-type: none"> • Swimmers 	<ul style="list-style-type: none"> • Medium 	<ul style="list-style-type: none"> • Ensure both sets of backstroke flags are put in place at correct distance (5m) from ends of pool by Leisure centre staff and remain in place for the duration of the session or gala. 	<ul style="list-style-type: none"> • Low 	<ul style="list-style-type: none"> • Lifeguards • Facility Operator • Coaches
<p>Diving</p> <ul style="list-style-type: none"> • Banging head/body on the pool • Slipping or falling from starting blocks. • Collision 	<ul style="list-style-type: none"> • Swimmers. 	<ul style="list-style-type: none"> • Medium • High 	<ul style="list-style-type: none"> • Leisure management team to ensure adequate signage indicating shallow and deep-water depths • Leisure management team to ensure starting blocks are fitted correctly. • Diving has to be supervised by the coach. • Swimmers to be trained and certificated to carry out shallow competitive starts from blocks. 	<ul style="list-style-type: none"> • Low 	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Lifeguards • Coaches • Club volunteers • Facility Operator
<p>Entry into Pool</p> <ul style="list-style-type: none"> • Slips trips & falls. • Jumping in • Steps & Starting Blocks 	<ul style="list-style-type: none"> • Swimmers. 	<ul style="list-style-type: none"> • Medium • High 	<ul style="list-style-type: none"> • Leisure management Team to ensure adequate signage indicating good pool management i.e. No jumping, No Bombing, No Fighting, etc. • Leisure management Team to ensure steps and starting blocks are secure • Lifeguards are in permanent attendance. • Check height of swimming pool floor before session begins. 	<ul style="list-style-type: none"> • Medium 	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Lifeguards • Coaches • Club volunteers
<p>In the Pool</p> <ul style="list-style-type: none"> • Chemicals in the pool. • Excess Chlorine in Pool) • Breathing problems. • Irritation of the eye. • Swimming aids left around Pool • Injury through inappropriate behaviour. • Injury Through Accident or Collision 	<ul style="list-style-type: none"> • Swimmers. • Swimmers. 	<ul style="list-style-type: none"> • Medium • Medium 	<ul style="list-style-type: none"> • Lifeguards are in permanent attendance. • Inspections by Leisure management on regular basis. • Coaches & volunteers to monitor activities. • Monitor swimmers health. (Red eyes, breathing etc) • Make sure poolside's are always clear. • Watch for struggling swimmers. • Make sure everyone is doing their assigned jobs. • Swimmers to abide by the code of conduct and Guidelines 	<ul style="list-style-type: none"> • Low • Low 	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Lifeguards • Coaches • Club volunteers

<p>Entry & Exit</p> <ul style="list-style-type: none"> • Swimmers entering pool area before Coaches, • Helpers and lifeguards are in-situ. • Swimmers may enter or fall into water unsupervised. • Risk of drowning for weak/novice swimmers 	<ul style="list-style-type: none"> • Swimmers 	<ul style="list-style-type: none"> • Medium 	<ul style="list-style-type: none"> • No Swimmers to enter poolside area before Coaches / Poolside Helpers Volunteers and / or Leisure centre Lifeguards are in position. • Be vigilant of anyone on the poolside. Coaches and volunteers can fall in too. 	<ul style="list-style-type: none"> • Low 	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Lifeguards • Coaches • Club volunteers
<p>Entry & Exit</p> <p>Wet Swimmers barefooted on the poolside may become slippery. Coaches, Volunteers & other personnel may slip or fall.</p>	<ul style="list-style-type: none"> • Swimmers • Poolside personnel • Lifeguards 	<ul style="list-style-type: none"> • Medium 	<ul style="list-style-type: none"> • All personnel to wear the correct footwear of the poolside and to be aware of wet areas. • Leisure management Team to ensure where possible sides are clean and dry for the safety of everyone. 	<ul style="list-style-type: none"> • Low 	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Lifeguards • Coaches • Club volunteers
<p>Entry & Exit</p> <ul style="list-style-type: none"> • Under 18 swimmers leaving venue early. • Risk of abduction or injury. • All under 18's leaving at the end of the session 	<ul style="list-style-type: none"> • Swimmers 	<ul style="list-style-type: none"> • High 	<ul style="list-style-type: none"> • Coaches / Poolside Helpers / Volunteers to advise swimmers not to leave building before collection by parents in line with ASA Child Protection Policy. Reference to Club Parents Code of Conduct • All swimmers instructed to report to Coaches / Poolside Helpers before leaving poolside. • All under 18's should be picked up by an appropriate adult at the end of the session. No child should ever be left alone at any time. 	<p>Low</p>	<ul style="list-style-type: none"> • Head Coach • Poolside Helper • Lifeguards • Coaches • Club volunteers
<p>Hygiene measures</p> <ul style="list-style-type: none"> • No Food & Drink on the pool side. (Water Bottles excluded) • No Food & Drink in the changing rooms. 	<ul style="list-style-type: none"> • Swimmers • Coaches • Volunteers 	<ul style="list-style-type: none"> • High 	<ul style="list-style-type: none"> • Leisure management team to inspect and keep changing rooms clean. • Coach to ensure no food is brought on to pool side. • Signage "No Food on the Pool Side" (Water Bottles excluded) 	<ul style="list-style-type: none"> • Medium 	<ul style="list-style-type: none"> • Club Volunteer • Facility Operator • Lifeguards
<p>Dehydration</p> <ul style="list-style-type: none"> • Plastic Water Bottles Only • Lack of hydration can cause medical problems 	<ul style="list-style-type: none"> • Swimmers. 	<ul style="list-style-type: none"> • Medium 	<ul style="list-style-type: none"> • Swimmers advised to drink regularly whilst swimming. • Swimmers should only drink water. • Other liquids can pollute the pool. • NO GLASS BOTTLE'S OR CANS ON THE POOLSIDE. 	<ul style="list-style-type: none"> • Low 	<ul style="list-style-type: none"> • Head Coach • Lifeguards • Coaches • Club volunteers
<p>First aid Provision</p> <ul style="list-style-type: none"> • Qualified Trained First Aiders • Qualified Lifeguards 	<ul style="list-style-type: none"> • Coaches • Swimmers • Poolside Helpers • Volunteers 	<ul style="list-style-type: none"> • Low 	<ul style="list-style-type: none"> • Communication network in place (Phone for emergency services) • A fully qualified Lifeguards supplied by Leisure management team and regularly checked and retrained. • A fully stocked first aid kit is easily accessible. • Adequate levels of trained first aiders on site. 	<ul style="list-style-type: none"> • Low 	<ul style="list-style-type: none"> • Head Coach • Lifeguards • Coaches • Club volunteers