

Merton Pisces Swimming Club



Instructions to meet COVID-19 safety protocols.

Parents are requested to drop swimmers and either park and stay in your vehicle or leave and return for pick up at the end of the session.

Swimmers are requested to come in their costume and go straight into the reception area use the hand gel and then proceed into the changing rooms. Put your things in a locker and proceed straight to the poolside.

Go straight to the COVID-19 Officer and hand in the questionnaires issued by the club. If you do not have the questionnaires you will **not** be able to swim. We must have these as they are requested by the ASA before swimming.

You will receive instructions as to which lane you are in and the entry and exit points. Remember them. Then stand at the end of the lane until you are told to enter the water. Please place your water bottle at the end of the lane. (Please fill your bottle at home).

Once you are in the water you will be staying there for the whole session unless, You feel unwell in which case you should leave the lane at the exit point and go directly to either the coach or COVID Officer. Please use the toilet at home and if possible, try not to use the facilities at the pool. If you must, please make sure you wash your hands and use the hand gel as well.

At the end of the session, you will be requested to leave the pool one at a time, keeping your distance from all other swimmers at all times. You are then to go into the changing rooms, retrieve your items and change, however, we would like to ask that you bring something that is quick and easy to put on and that will take a minimal amount of time to put on. Once dressed please leave the changing rooms and go directly outside to your parent or guardian who should be waiting in the carpark outside ready to pick you up.

Parents please make sure you are there, as we do not want the children standing around outside.

Hopefully this process may only be in effect for a few weeks, but we have a lot of rules and regulations that we have to follow and so does the leisure centre. If we do not abide by them, we can be asked to leave and will not be allowed back until we are given the all clear.

We want to keep you all safe and healthy, so please try and abide by the rules.

Anyone deliberately breaking them will be asked to leave.