

CLUB CHAMPIONSHIPS 2010

This years club championships are going to be on:

Friday 12th November 2010 and Friday 19th November 2010

Any swimmers who have achieved their one length at Morden's main pool are welcome.

ONE LENGTH RACES

Age	Front crawl	Back Stroke	Breast stroke	Butterfly	Medley 4 x 1
6 & 7	19/Nov	12/Nov	-	-	-
8	19/Nov	12/Nov	19/Nov	-	-
9 & 10	19/Nov	12/Nov	19/Nov	12/Nov	12/Nov

TWO LENGTHS RACES

Age	Front	Back	Breast	Butterfly	Medley
	crawl	Stroke	stroke		4 x 1
11 & 12	19/Nov	12/Nov	19/Nov	12/Nov	12/Nov
13 & 14	19/Nov	12/Nov	19/Nov	12/Nov	19/Nov

THREE LENGTHS RACES

Age	Front crawl	Back Stroke	Breast stroke	Butterfly	Medley 4 x 1
15+	19/Nov	12/Nov	19/Nov	12/Nov	19/Nov

Parents and Supporters

Please come and support your children on these two Fridays it is a great opportunity to see how much they have progressed.

Help is required to make the Championship night run smoothly with the following:-

Volunteers to time keep the races, to sell raffle tickets and to generally help on poolside please speak to Harry to offer your assistance. Donation of raffle prizes also needed thank you.